



Live, Love, Run!

FOR IMMEDIATE RELEASE

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**J&A RACING WELCOMES THE BEGIN AGAIN FOUNDATION
AS THE OFFICIAL CHARITY OF THE SURF-N-SANTA 5-MILER**

July 16, 2019 – VIRGINIA BEACH – J&A Racing is proud to welcome the Begin Again Foundation as the official charity partner of the Surf-n-Santa 5 Miler presented by Bon Secours In Motion. The three-year partnership represents all the elements that make the holiday season magical: family, community, hope, health, and celebration.

“While J&A Racing’s mission has always been to promote a healthy lifestyle in our community, it is even more important to us that we celebrate life and family,” said Amy Frostick, owner of J&A Racing. “The need for the support that the Begin Again Foundation provides to families in crisis is magnified during the holiday season. Families should be focused on coming together to celebrate, not stressing about financial needs. Because of this we are honored to have them as the official charity partner of our holiday race.”

The Begin Again Foundation, founded by professional golfer Marc Leishman and his wife Audrey, was inspired by Audrey Leishman’s near-death experience in April 2015. Knowing first-hand how stressful the hospital process can be for families, they have teamed up with the Children’s Hospital of the King’s Daughters’ Social Work Department to help patient’s families with uninsured expenses. As the official charity partner, the Begin Again Foundation will receive financial support from the Surf-n-Santa 5 Miler. Participants can also make a direct donation to the organization during the registration process.

“The Begin Again Foundation is thrilled to be the beneficiary of the Surf N Santa 5 Miler. J&A Racing has a long history of promoting healthy lifestyles in this area. We are proud to partner together in support of our mission to bring life’s most pressing needs to families experiencing medical and life crises,” said Audrey Leishman. “Since its inception the Foundation has helped provide financial aid to more than 2,500 families admitted to the CHKD and provided more than 100 grants to individuals facing diagnoses of sepsis, Acute Respiratory Distress Syndrome (ARDS) and toxic shock. We look forward to working together to assist even more families in the Hampton Roads area.”

The ninth annual Surf-n-Santa 5 Miler presented by Bon Secours In Motion will be held on December 14-15, 2019 in Virginia Beach, Virginia. To register for this race or for more information, visit surfnsanta5miler.com

About J&A Racing

J&A Racing is a nationally recognized race management company based in Virginia Beach, Virginia. With a portfolio of seven events and training programs, J&A Racing's mission is to promote and support healthy lifestyles and the sport of running through all stages of life. Since 2003 when J&A Racing owners, Amy and Jerry Frostick, took over the Shamrock Sportsfest, the Yuengling Shamrock Marathon Weekend has become one of the most popular running events in the country growing from 3,000 participants to a record 30,000 in 2015. Additionally, J&A Racing organizes the Anthem Wicked 10K; the MSP Design Group Big Blue 5K; the Surf-N-Santa 5 Miler; The Neighborhood Harvest Crawlin' Crab Half Marathon & 5K; the Chartway Norfolk Harbor Half Marathon. 10K & We Promise Foundation 5K; and the ADP Corporate 5K. For more information on J&A Racing's events, visit jandaracing.com.

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